

CLASS DESCRIPTIONS

Water Babies (6 months-3 yrs)

Parents must be in the water with child during lessons. Guided instruction is provided by instructor. Learn:

- ◆ Water Exploration through use of games, toys, and songs
- ◆ Supported Swim Skills
- ◆ Breath Control
- ◆ Parents learn support and holding techniques



Pre-Beginner (3+ yrs)

This class is designed for children with little to no water experience. Perfect for children who cannot submerge or swim 10ft independently. Learn:

- ◆ Blowing Bubbles (breath control)
- ◆ Assisted Front & Back Float
- ◆ Water Safety
- ◆ Basic Swim Strokes
- ◆ Changing Directions
- ◆ Additional Skills as Able



Beginners

This class is designed for children who can submerge and swim 10 ft. independently. Learn:

- ◆ Continue to Develop Basic Skills
- ◆ Independent Front & Back Float
- ◆ Introduce Backstroke
- ◆ Rhythmic Breathing
- ◆ Bobbing
- ◆ Additional Skills as Able



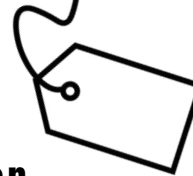
Intermediate

This class is designed for children who have experience in the water and are confident in swimming independently in water where they are unable to touch with their feet. Learn:

- ◆ Retrieving object in chest deep water
- ◆ Diving from seated or kneeled position
- ◆ Treading water
- ◆ Building strength and endurance
- ◆ Additional Skills as Able



PRICING



Cost Per Session

SR Resident = \$70.00/Swimmer

Non-SR Resident = \$75.00/Swimmer

* Please note the price per session covers either Wednesdays **OR** Fridays. You must select one or the other*

SR RESIDENT FEE: Individuals residing in the Slippery Rock School District.

NON-SR RESIDENT FEE: Those individuals residing outside the Slippery Rock School District.

WEDNESDAYS

WATER BABIES 5:00-5:45pm

[12 children MAX]

PRE-BEGINNER 5:00-5:45pm

[6 children MAX]

BEGINNER 6:00-6:45pm

[6 children MAX]

INTERMEDIATE 6:00-6:45pm

[4 children MAX]



SESSION DATES

SESSION 1

WEDNESDAYS: January 22nd -

February 19th

FRIDAYS: January 24th -

February 21st

SESSION 2

WEDNESDAYS: February 26th -

April 2nd

(NO CLASS ON March 12th**)**

FRIDAYS: February 28th - April 4th

(NO CLASS ON March 14th**)**

SESSION 3

WEDNESDAYS: April 9th - May 7th

FRIDAYS: April 11th - May 9th

FRIDAYS

WATER BABIES 5:00-5:45pm

[12 children MAX]

PRE-BEGINNER 5:00-5:45pm

[6 children MAX]

BEGINNER 6:00-6:45pm

[6 children MAX]

INTERMEDIATE 6:00-6:45pm

[4 children MAX]



S W I M R E G I S T R A T I O N F O R M

CHILD'S NAME _____
 PARENT NAME _____
 EMAIL: _____

AGE _____
 PHONE _____

ADDRESS: _____

SR SCHOOL DISTRICT RESIDENT OR NON-RESIDENT

SELECT SESSION(S)

SESSION 1 (Jan 22nd-Feb. 21st) SESSION 2 (Feb. 26th-Apr. 4th) SESSION 3 (Apr. 9th-May 9th)

PLEASE SELECT THE CLASS(ES) YOU WISH TO REGISTER YOUR CHILD FOR BELOW:

WEDNESDAYS

WATER BABIES (5-5:45pm) PRE-BEGINNER (5-5:45pm)
 BEGINNER (6-6:45pm) INTERMEDIATE (6-6:45pm)

FRIDAYS

WATER BABIES (5-5:45pm) PRE-BEGINNER (5-5:45pm)
 BEGINNER (6-6:45pm) INTERMEDIATE (6-6:45pm)

Make checks payable to: SRAP&R; Credit Card payments accepted over the phone or in person; Cash accepted in office.

Official Use ONLY: Amount Paid _____ Payment Method: Cash _____ Check _____ CC: _____

GENERAL INFORMATION:

- ◇ **LOCATION:** Aebersold Recreation Center (ARC) on SRU's campus
- ◇ **PARKING:** Parking pass is required for all classes held before 5:00PM.
 - ◇ (Purchase at <https://www.sru.edu/offices/parking>)
- ◇ Registration and ARC Waiver **MUST** be submitted **one week prior** to the start of the class
- ◇ **No registrations taken without payment**
 - ◇ Cash, check, and credit card are all acceptable forms of payment
 - ◇ Please call or stop in the office to pay with credit card
- ◇ **All fees are non-refundable unless class is cancelled by the Park.**
 - ◇ No credit or make-up classes are offered if you miss a class.
- ◇ **Park reserves the right to set minimum and maximum class size.**

ARC RULES:

- ◇ Parents **MUST** be with their child/children at all times.
- ◇ Children are **ONLY** allowed in the locker room and pool area.
 - ◇ Children **ARE NOT** permitted to wander in any part of the facility.
- ◇ Locker room access is available 15 min. prior to the start of class.
- ◇ Children **ARE NOT** permitted in water before or after swim lessons *unless* the family has an ARC membership.

Cooperatively Sponsored by:
 Slippery Rock Borough
 Slippery Rock School District
 Slippery Rock Township



SLIPPERY ROCK AREA

PARKS & RECREATION

SWIM LESSONS



SPRING 2025

Slippery Rock Area Parks & Rec.
 320 N. Main Street
 Slippery Rock, PA 16057
 724-794-8180

Fax: 724-794-8181

www.SlipperyRockPark-Rec.org

